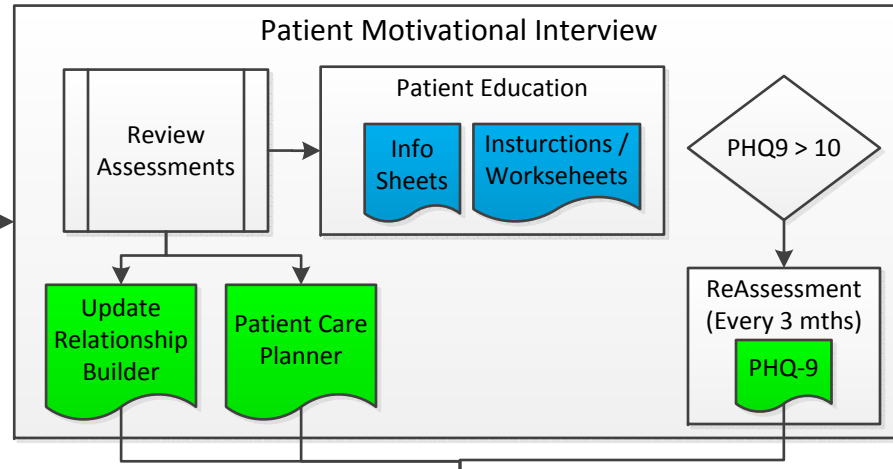
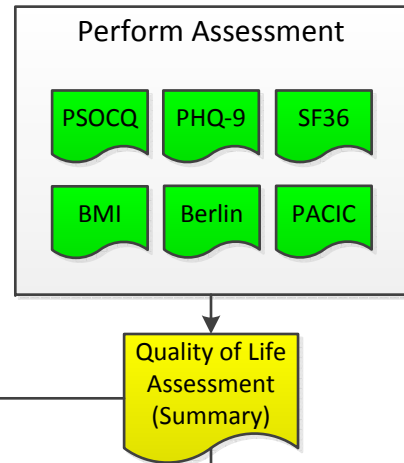


Prairie Spine & Pain Institute, S.C.  
Integrated Chronic Care Program  
**Quality of Life Visit Process**

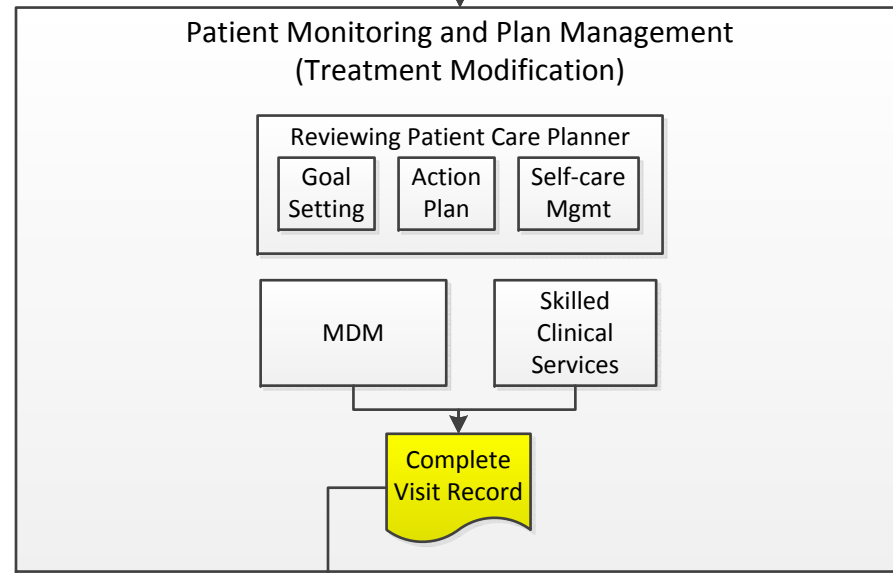
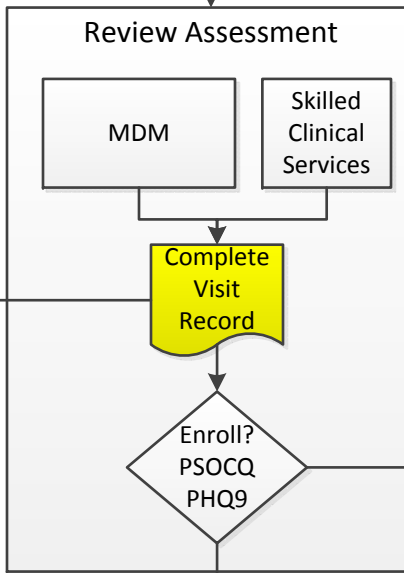
Assessment Visit  
(Once Every 6 Months Visit)

Care Planning Visit  
(Subsequent Visits)

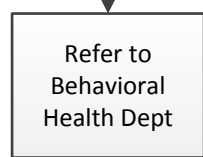
Quality of Life Health Coach



Licensed Provider (LCSW/NP)



Behavioral Health Dept



Health Coach Assistant



Patient Care Services, Patient Scheduling, Patient Registration, Patient Medical Record Management

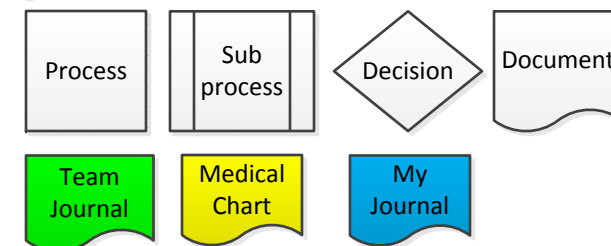
**Patient Motivational Interviewing: Review Assessments**

- Review **PSOCQ** – Determine patient category:

	Behavioral Health Dept	Refer to ICCP
1) Pre Contemplative →	≥ 4	< 4
2) Contemplative →	≥ 4	< 4
3) Action →	≤ 1	> 1
4) Maintenance →	≤ 1	> 1

- Review **PHQ9** - Evaluate medical necessity for mental health counseling or start counseling for mild depression
- Review **SF36** – Determine activity related to Quality of Life. Review individual response to the question. Identify up to 3 items for **ICCP Patient Care Planner**.
- Review **BMI** – Develop and coordinate nutrition and exercise education plan
- Review **Berlin** – Develop and coordinate sleep hygiene education and plan
- Review **PACIC** – If score is ≤ 3, communicate to the organization’s continuous improvement process. (QAPI) *(To be Developed)*
- Update **ICCP Program Relationship Builder**

**Legend**



**Key**

PSOCQ: Pain Stages of Change Questionnaire  
 PHQ-9: Patient Health Questionnaire-9  
 SF36: 8 Domains Physical / Behavioral Assessment  
 BMI: Body Mass Index  
 Berlin: Sleep Evaluation in Primary Care  
 PACIC: Patient Assessment of Care for Chronic Conditions (use to develop baseline measure of care quality and patient experience)  
 MDM: Medical Decision Making